

its Pure Indulgence



The Spa Party Experience

Hosting your party

its about Hosting the Perfect Indulgence Party

Just imagine your own indulgence Party...

You will be the talk of the town for hosting such a creative party

Hosting a Pure Indulgence party is easy. Just decide which treatments you would like you and your guests to receive. You will receive a treatments schedule with all the guests treatments pre-organised.

Ensure that...

- 1) you have enough space - for massage tables and for socialising. Massage tables can be over 6 foot long and are required for Reflexology, Swedish Massage, Reiki.
- 2) The room should be nice and warm but not hot.
- 3) Your guests wear loose, easily removable clothing or perhaps bring a dressing gown
- 4) Don't worry too much about preparing elaborate food and other activities, we would like the hostess to be completely relaxed to enjoy her treatments. Please have plenty of fresh cool water.
- 5) Just let the therapists take care of everything else so you can relax and have a good time...

Please note that the complementary therapies will not be able to be carried out if your guests have been drinking alcohol, our therapists have the right to refuse treatment for anyone who they feel has been drinking.

We suggest that you have plenty of healthy nibbles i.e. crudities and soft drinks such as water, smoothies and virgin cocktails, available.

Make the no alcohol and healthy nibbles part of your party and tell your guests it will be like coming to a Health Spa.

A Pure Indulgence Experience is a great idea for many occasions

Girlie Nights
Bride and Mums Nights
Reunions
Hen Nights
Engagements
Birthdays
Mums to be Parties
Post Natal Parties
Leaving Parties
Celebrations & Anniversaries
Fund Raising

What happens

- **What happens at a Indulgence Party?**

Once your guests have selected their treatments we take care of organising the therapists and we even produce a treatments schedule for the evening just to make sure everything runs smoothly. The therapists arrive with all their own equipment so you really have nothing to worry about.

Just relax, loosen up and enjoy your Indulgence Party

Your party is about pure indulgence. How often do you really get the chance to forget about your worries and lavish yourself in sheer pleasure?

How many guests?

Between 5 and 10 guests is ideal for a girls night in, however larger parties of up to 25 people can be catered for if you have the room.. Enough therapists would be provided to ensure everyone's enjoyment. e.g. 2 therapists for up to 8 guests, 3 for up to 12 guests...

We have a minimum booking of five guests.

How does it work?

Each guest receives treatments which can be taken all at once or split into two sessions. This will give the rest of the guests the chance to socialise. All treatments will follow a pre-arranged schedule so everyone will know when they are being treated. All of the organisation is taken care of so that you can relax and enjoy your party.

Therapists

Your therapist may be qualified in giving more than one therapy.

All of **its** therapists are:

- Qualified and experienced.
- Work to a strict code of conduct.
- Are vetted by our company.
- Take their work seriously but like to have fun.
- Are committed to our customers.

Can be booked for full sessions at our therapy centre.

Reflexology

The practise of using thumb and finger pressure to stimulate the reflex areas on the foot which represents the whole body.



Reiki

Reiki is a non-intrusive therapy in which the therapist places their hands above the recipient in a sequence of positions which covers the whole body.



Thai Massage

Thai massage incorporates yoga and acupressure along with its own technique of using gentle rocking, deep stretching, compression. It is also known as the lazy person's yoga.



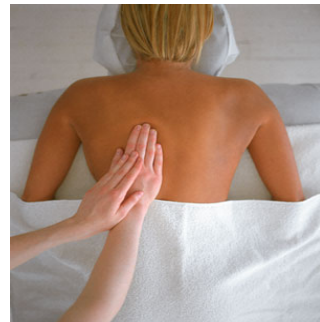
Indian Head Massage

An energetic stress-busting therapy which works on the muscular tissues of the neck, shoulders, scalp and face to relax or stimulate the body & help it maintain harmony.



Swedish Massage

Swedish massage uses a firm but gentle pressure to improve the circulation, ease muscle aches and tension, improve flexibility and create relaxation.



Beauty Therapy

Choose

- Manicure
- File and polish
- Facials
- Pedicure
- Waxing



Booking for your Pure Indulgence Experience

The Host's Name:

Hosts Address:

Post Code

Land ☎ _____ Mobile ☎ _____ work ☎ _____

The Venue for Your Pure Indulgence if different from above:

Post Code _____

Name of organiser if different from above _____

What is your Pure Indulgence Event For(birthday, hen night etc. _____
Best ☎ contact for the day of the party: _____

Date of Indulgence: _____ To Start at _____ To Finish at _____

Number of guests: _____ (Please give an estimate for booking purposes, the final balance due will be adjusted to the expected number of guests 14 days before the party date. Any guest cancellations will be refunded up to 48 hours prior to the party. Please note that if guest numbers fall, price per guest may rise)

Your Choice of Pure Indulgence

1. **Succinct Indulgence** (30 minutes Treatment per Guest) ✓
2. **Practically Indulged** (45 minutes Treatment per Guest) ✓
3. **Utter Indulgence** (60 minutes Treatment per Guest) ✓
4. **For Your Personal Indulgence** (Vouchers only) 1 therapist ✓
5. **A temptation of Indulgence** 1 Therapist 2 Therapists 3Therapists ✓

Comments / Special requests / Preferred Treatments or Therapists / Parking arrangements for Therapists (please note that any parking costs will be added on to the booking fee):

Where did you hear about our Pure Indulgence Experience: _____

To confirm your Pure Indulgence Experience please complete booking form, a non-refundable deposit of £50 is required. A booking confirmation will be issued when Independent Therapy Solutions Ltd receive your Booking Form and deposit. The balance is to be paid no later than 14 days before the date of the Experience.

I accept the terms and conditions of holding a Pure Indulgence Experience: _____

Dated: _____

Please return completed forms and a cheque payable to "ITS" to:-

Independent Therapy Solutions Ltd, 9 Manor Street Braintree. Essex, CM7 3HW

